



# MAIT

MID ATLANTIC ASSOCIATION  
FOR IMAGO RELATIONSHIP THERAPISTS

**Friday, Jan 26, 2018**

9:00am-5:00pm  
Sign-in and coffee at  
8:30am

**Location:**

McLean Baptist Church  
1367 Chain Bridge Rd  
McLean VA 22101

**COST:**

Members - \$175 until  
Jan 16 (\$210 on or  
after Jan 17)

Non-Members - \$225  
until Jan 16 (\$260 on  
or after Jan 17)

Please contact MAIT at  
301-526-3018 for  
special pricing for grad  
students and Imago  
trainees

**Optional buffet lunch  
at 7 Spice (Cafe Taj)  
- \$19 may be added  
with registration**

**Pre-Registration  
Required**

Register on-line at  
[www.imagoma.org](http://www.imagoma.org)

## CONNECTING HIGHLY REACTIVE COUPLES

**Presented by: Jette Simon, C. Psych.**



Building confidence, presence and skills with high reactivity couples.

In this workshop we will focus on how to help the therapist take control of sessions - learning to attune to the worlds of Pursuers and the world of Withdrawers.

This workshop emphasizes three key features in working with emotional echoes: clinical assessment and identification of various personal and relationship factors that impact clinical decision-making, key EFT interventions central to working with emotion both intrapsychically and interpersonally, and the how of pacing intrapsychic and interpersonal work.

In this workshop, the importance of the clinician's ability to monitor and respond to client's moment-to-moment experiences, especially extreme states of reactivity, will be highlighted. Participants will come away with the knowledge of how to work intrapsychically in order to work interpersonally to create healing between the couple.

At the conclusion of this program, participants will be able to:

- outline the relevance of attachment science for couple therapy with highly reactive couples.
- describe the key elements of emotionally focused therapy as they apply to such couples.
- outline the pivotal moments that not only heal distressed relationships but shape recovery through moments of secure bonding.
- work with emotion 'moment-to-moment' with the overall goal of facilitating bonding.

**Contact:**

**Sharon Nalley**  
MAIT  
PO Box 7762  
Wilmington NC  
28406

301-526-3018

[admin@imagoma.org](mailto:admin@imagoma.org)

For information on the  
**MAIT Education  
Assistance Program**,  
contact Sharon Nalley  
at  
[admin@imagoma.org](mailto:admin@imagoma.org)

**Jette Simon, C. Psych.** Born in Denmark, Jette is a Clinical Psychologist (Dk degree) with 34 years of experience working with couples around the world. She is the Director of The Washington DC Training Institute for Integrative Couples Therapy and an Associate Professor. She has trained couples therapists throughout Europe as well as in Israel, South Africa and the middle east. Her experiential approach emphasizes helping therapists expanding and developing their own use of self in order to help them create a deep connection with couples and create an atmosphere of trust, hope and expansive possibility. She is a certified EFT Therapist, Supervisor and Trainer.

**To Register:** go to MAIT website at [www.imagoma.org](http://www.imagoma.org), click on register now for the January 26, 2018 event and complete the registration on line. You'll find instructions for paying by credit card or by check.

**Cancellations:** Until January 12th – full refund less 20% processing fee;  
**NO REFUNDS will be issued for cancellations after January 12th.**

**Confirmation/Receipt:** Will be emailed to all registered participants approximately one week prior to the workshop date. Confirmations will include a link to obtain directions to the workshop location.

**Continuing Education Credit:** Those who attend the workshop and complete the evaluation forms will receive **six (6)** continuing education credits provided by NASW-MD. CE Credit is granted to participants with documented attendance at individual workshops and completed evaluation forms for those sessions. Attendance is monitored. Credit will not be granted to registrants who are more than 15 minutes late, are absent for more than 15 minutes, or depart more than 15 minutes early from a session. Credit will not be granted to registrants who do not submit a completed evaluation form at the end of the session. It is the responsibility of registrants to comply with these requirements.